



American Heart  
Association.  
**AMERICAN  
HEART  
CHALLENGE™**

# JOIN THE AHC LIFESAVERS LEAGUE

By participating in the American Heart Challenge, you have the opportunity to raise awareness and funds for congenital heart defects, nutrition security, CPR training, mental well-being and more as we work to end heart disease and stroke.

Along the way you'll meet some of the kids you're helping while learning about mind and body health.



SCAN THE CODE OR VISIT:



**BODHI**  
SURVIVOR,  
GRADE 4

**HEART.ORG/SCHOOLS**

© 2025, American Heart Association, Inc. All rights reserved. American Heart Challenge is a trademark of the American Heart Association and cannot be used without permission.