



American Heart Association.  
**AMERICAN HEART CHALLENGE™**



**Due Date:** \_\_\_\_\_

Dear Parent/Guardian,

Our school is participating in the **American Heart Challenge** in support of the **American Heart Association**. Students have the opportunity to raise funds and awareness for things like congenital heart defects, CPR training, nutrition security, mental well-being while helping kids like Finn with special hearts.

We are inviting your student to complete this form at home and return it by the due date above.

**Here's our school incentives:**  
 \_\_\_\_\_  
 \_\_\_\_\_

**To get started:**

- 1** Download the **AHA Schools App** or visit [heart.org/schools](http://heart.org/schools) to register.
- 2** Complete **Finn's Mission** - learn the lifesaving skills of Hands-Only CPR, how to spot a stroke, and the dangers of vaping.

**Directions:**

In the space below, please color in or check a heart for each email or text you send. Once you have **10 hearts** completed, return this form by the deadline above.



Student Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

*I verify my student registered for the **American Heart Challenge** and sent 10+ emails or texts to family and friends through the through the **American Heart Association Schools** website or app.*

Parent/Guardian Signature: \_\_\_\_\_



Get started today by downloading the AHA Schools App or by visiting  
**HEART.ORG/SCHOOLS**

