



BRAIN BOOST TRACKER

☐ ZAP that Salt! ☐	☐ Eat the Rainbow ☐	☐ Got to Move ☐	☐ Make a move for Kindness ☐
☐ Here to Help ☐	☐ Just Say NO! ☐	☐ Up, Down, Stop, Go ☐	☐ Do a Speedy Switch ☐
☐ Cat and Mouse ☐	☐ Ride the Wave ☐	☐ Sound the Alarm ☐	☐ Mix it Up ☐
☐ Gettin' Silly ☐	☐ Harvest Time! ☐	☐ Hoola Hoop Hoopla ☐	☐ Shake it Out ☐
☐ Pass it On ☐	☐ Heart Tune Up ☐	☐ The Beat Goes On ☐	☐ Fitness Jam ☐