

SERVICE+LEARNING= HEALTHY STUDENTS, STRONGER SCHOOLS



GROWING HEALTHY BODIES, MINDS & SERVANT LEADERS.

The American Heart Association's Kids Heart Challenge and American Heart Challenge are turnkey, service-learning programs that equip private school students to thrive—physically, mentally, emotionally, and socially—while supporting a lifesaving mission.

WHY SCHOOLS LOVE PARTICIPATING



Character Education in Action

Fosters kindness, empathy, teamwork, and civic responsibility—all core to your school's values.



Creates campus and civic engagement

by bringing together your staff and students through a shared vision of building a community of lifesavers.



Educational resources on topics like physical activity, healthy eating, mental well-being and STEAM.



Turnkey and flexible program that can be completed in 2-3 weeks with full American Heart Association support.



Financial benefits to your school

include the ability to earn grant funding, certificates for wellness equipment, direct checks and educator professional development.



Ridge
survivor, 4th grade

LIFESAVING SKILLS FOR STUDENTS AND FAMILIES

90% of people who suffer an out-of-hospital cardiac arrest don't survive. Immediate Hands-Only CPR can double — even triple — a person's chance of surviving cardiac arrest.

Students, staff and families learn the lifesaving skill of Hands-Only CPR, creating a community of lifesavers.

HEART.ORG/GETSTARTED

